



# ***Healthy Kids, Healthy Future***

## **Opportunities for State Action in Nutrition and Physical Activity**

Workshop 2

September 24, 2009





# The Need for Promising Practices and Policies

**Prevalence of Obesity\* Among U.S. Children and Adolescents  
(Aged 2–19 Years)**

	Survey Periods			
	NHANES II 1976–1980	NHANES III 1988–1994	NHANES 1999–2002	NHANES 2003–2006
<b>Ages 2 through 5</b>	5%	7.2%	10.3%	12.4%
<b>Ages 6 through 11</b>	6.5%	11.3%	15.8%	17.0%
<b>Ages 12 through 19</b>	5%	10.5%	16.1%	17.6%

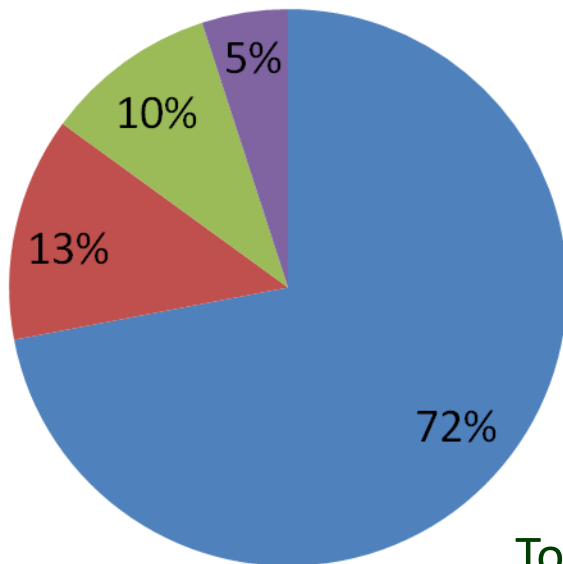




# Practices and Policies

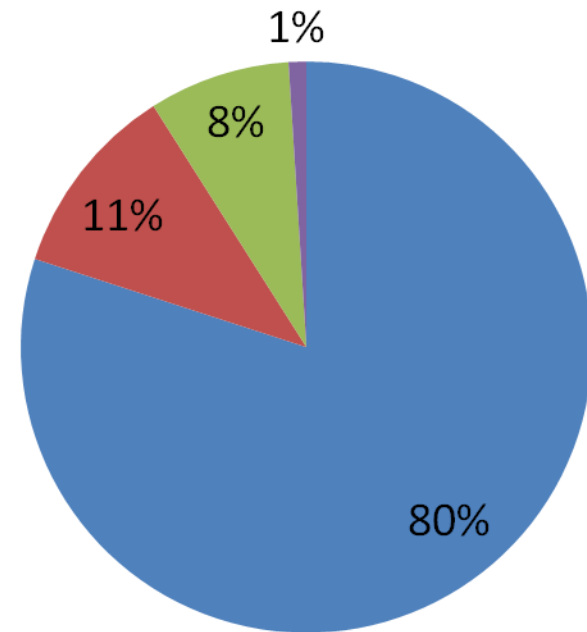
## *The Food Safety Net: Distribution of Expenditures*

- SNAP
- Child Nutrition
- WIC
- Other Programs



June 2008, \$5.11 billion

Total Expended:



June 2009, \$6.68 Billion





# Practices and Policies

*Percentage Change: Number of People Participating in SNAP,  
June 2009 vs. June 2008, as of August 2009*

Selected State or Territory	% Change
Utah	46.3
Washington	45.0
Idaho	40.8
Florida	38.6
Vermont	37.4
Arizona	34.4
Colorado	34.0
Wisconsin	31.7
Wyoming	31.1

Selected State or Territory	% Change
Georgia	30.2
New Hampshire	29.9
Virgin Islands	28.0
Oregon	27.9
Delaware	27.6
Massachusetts	27.2
New Mexico	27.1

**US Total**

*June 2008*  
28.7 million

*June 2009*  
35.1 million

**% Change**  
22.4



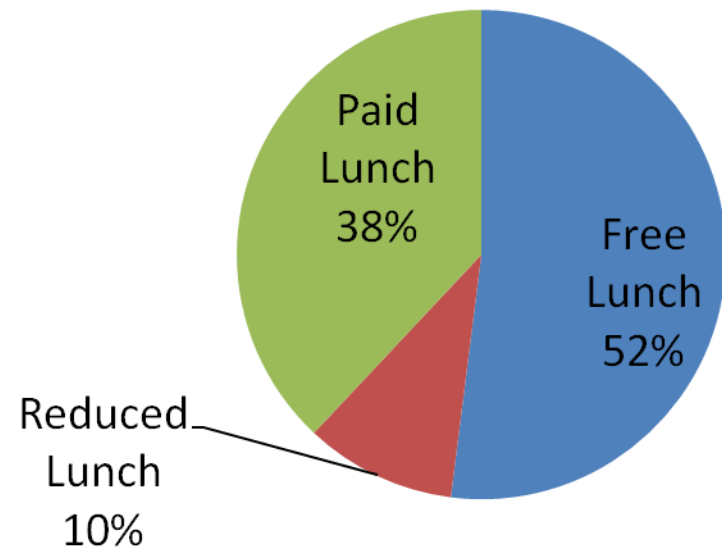
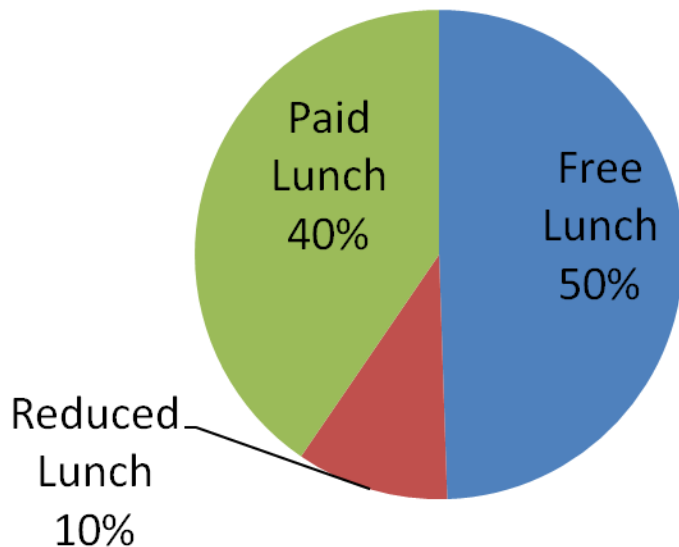


# Practices and Policies

*National School Lunch Program, Average Participation Per Day*

**October 2007-September 2008**

**October 2008-June 2009**



Average Participation per day

30,971,242

31,210,982

