

Healthy Kids, Healthy Future:
Promising Practices and Policies
for Health Promotion and Obesity Prevention
in Early Care and Education

AGENDA

Wednesday, September 23, 2009

- 2:00 – 2:30 p.m.** **Keynote Address –**
- Honorable Thomas Vilsack, Secretary, U.S. Department of Agriculture
- 2:30 – 3:00 p.m.** **Welcoming Remarks & Context**
- Debbie Chang, MPH, Vice President of Policy and Prevention, Nemours
 - William Dietz, MD, PhD, Director of Nutrition, Physical Activity and Obesity, Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention, HHS
 - Phyllis E. Stubbs-Wynn MD, MPH, FAAP, Medical Advisor for Early Childhood, Maternal and Child Health Bureau, Health Resources and Services Administration, HHS
 - Joseph Thompson, MD, MPH, Director, Robert Wood Johnson Foundation Center to Prevent Childhood Obesity
- 3:00 – 3:15 p.m.** **Conference Overview**
- Kayla Kirsch, Leapfrog Consulting
- 3:15 – 4:15 p.m.** **Opening Plenary – *Model Child Care Wellness Policies***
Moderator – Mary Story, PhD, RD, Professor and Associate Dean, University of Minnesota
Panelists
- Sara Benjamin, PhD, MPH, RD, Research Fellow, Harvard Medical School
 - Barbara Hamilton, MA, Assistant Director, National Resource Center for Health and Safety in Child Care and Early Education
 - Aguida Atkinson, MD, Nemours, Alfred I. DuPont Hospital for Children
- 4:15 – 4:30 p.m.** **Break**
- 4:30 – 5:00 p.m.** **Opening Plenary – *Model Child Care Wellness Policies, continued***
Panelists
- Debbie Chang, MPH, Vice President of Policy and Prevention, Nemours
 - Lynn Silver, MD, MPH, Assistant Commissioner, New York City Department of Health and Mental Hygiene
- Learning Objectives:***
1. Participants will hear an overview of current regulations, learn about model state standards, and hear one state's success story.
 2. Participants will learn about the revised edition of *Caring for our Children*, with new and enhanced nutrition and physical activity standards.
 3. Participants will learn the connections between obesity, nutrition (including breastfeeding), oral health, and overall health.
 4. Panelists will describe exemplary models that have been implemented in a state or city.
- 5:00 – 5:15 p.m.** **Questions and Answers**
- 5:15 – 6:00 pm** **Group Discussion**

*Sponsored by the Centers for Disease Control & Prevention, the Maternal & Child Health Bureau, Nemours,
and the Robert Wood Johnson Foundation Center to Prevent Childhood Obesity
with support from the Altarum Institute*

Guiding Questions for Group Discussion:

- Initial reaction to the panel:
 - ~ What stood out to you in these presentations?
 - ~ What ideas do these models, standards, policies and practices raise for you?
- Consider similar models in your state.
 - ~ What are some challenges you anticipate with implementing similar models?
 - ~ What are some of the opportunities (policy, programs, otherwise) you foresee for implementing these models?
 - ~ What needs do you think should be addressed before or during implementation of models like these?
 - ~ If you have already implemented comparable models, what have been some of the unanticipated consequences and opportunities?

6:00 – 8:00 p.m.

Dinner Reception & Networking

Thursday, September 24, 2009

7:45 – 8:15 a.m. Registration & Continental Breakfast

8:15 – 8:30 a.m. Welcome & Recap of Yesterday's Proceedings

- Debbie Chang, MPH, Vice President of Policy and Prevention, Nemours

8:30 – 9:45 a.m. Workshop 1 – *Opportunities for State Action to Promote Wellness in Early Care and Education*

Moderator – Phyllis E. Stubbs-Wynn MD, MPH, FAAP, Medical Advisor for Early Childhood, Maternal and Child Health Bureau, Health Resources and Services Administration, HHS

Panelists

- Shannon Rudisill, Associate Director, Child Care Bureau, Administration for Children and Families, HHS
- Ann Wick, Chairwoman, Delaware Early Childhood Council
- Phyllis Bramson-Paul, MPPA, Director, Nutrition Services, California Department of Education
- Amy Meinen, MPH, RD, Nutrition Coordinator, Wisconsin Department of Health Services

Learning Objectives:

1. Participants will hear the Administration's priorities for cross-sector early care and education coordination and opportunities to promote physical activity and nutrition in Federally-funded early childhood programs.
2. Panelists will describe best practices that have been implemented in early care and education in states, including collaborations.
3. Participants will break out to react to what they have heard, share best practices and discuss the opportunities they see in their states.

9:45 – 10:30 a.m. Break Out Group Discussions

Guiding Questions:

- Initial reaction to the panel:
 - ~ What stood out to you in these programs and policies?
 - ~ What ideas do these programs and policies raise for you?
- Consider similar programs in your state.
 - ~ How do you integrate and coordinate efforts?
 - ~ What are other "best practices" in your state?
 - ~ What are some of the federal and state policy opportunities you have seized in order to help good programs succeed?
 - ~ What policy and program opportunities could we seize?

10:30 – 11:45 a.m. Workshop 2 – *Opportunities for State Action in Nutrition and Physical Activity*

Moderator – Kevin Concannon, MSW, Under Secretary, Food, Nutrition and Consumer Services, USDA

Panelists

- Geraldine Henchy, MPH, RD, Director of Nutrition Policy and Early Childhood Nutrition, Food Research and Action Center
- Kumar Chandran, MS, MPH, Nutrition Policy Advocate, California Food Policy Advocates
- David Bowman, MPA, MPH, Education Associate, Delaware State Department of Education
- Jeff Sunderlin, Program Manager, YMCA-USA

Learning Objectives:

1. Participants will learn about data from surveys in CACFP, child care centers and homes.
2. Panelists will describe best practices that have been implemented in nutrition and physical activity.
3. Participants will break out to react to what they have heard, share best practices and discuss the opportunities they see in their state.

11:45 – 12:30 p.m.

Break Out Group Discussions

Guiding Questions:

- Initial reaction to the panel:
 - ~ What stood out to you in these programs and policies?
 - ~ What ideas do these programs and policies raise for you?
- Consider similar programs in your state.
 - ~ How do you integrate and coordinate efforts?
 - ~ What are other “best practices” in your state?
 - ~ What are some of the Federal and state policy opportunities you have seized in order to help good programs succeed?
 - ~ What opportunities exist, outside of Head Start and CACFP, to address child wellness (including healthy eating, physical activity, and oral health)?

12:30 – 1:30 p.m.

Lunch

1:45 – 2:30 p.m.

Reporting Out & Discussion

- **Moderator** – William Dietz, MD, PhD Director of Nutrition, Physical Activity and Obesity, Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention, HHS

Reporters

- Opening Plenary – Model Child Care Wellness Policies – Mary Story, PhD, RD, Professor and Associate Dean, University of Minnesota
- Workshop 1 – Opportunities for State Action to Promote Wellness in Early Care and Education – Barbara Hamilton, MA, Assistant Director, National Resource Center for Health and Safety in Child Care and Early Education
- Workshop 2 – Opportunities for State Action in Nutrition and Physical Activity – Kevin Concannon, MSW, Under Secretary, Food, Nutrition and Consumer Services, USDA

2:30 – 3:15 p.m.

Administration and Hill Reactor Panel

Moderator – Debbie Chang, MPH, Vice President of Policy and Prevention, Nemours

- *President Obama’s Administration*
 - ~ Martha Coven, Director, White House Office of Mobility and Opportunities
 - ~ (invited) Dora Hughes, MD, MPH, Counselor to Secretary of HHS
- *Senate Committee on Agriculture, Nutrition and Forestry*
 - ~ Dan Christenson, Professional Staff Member, Chairwoman Blanche Lincoln (D-AR)
 - ~ Kate Coler, Senior Policy Director, Ranking Member Saxby Chambliss (R-GA)
- *House Committee on Education and Labor*
 - ~ Denise Forte, Director of Education Policy, Chairman George Miller (D-CA-7)
- *Senate Committee on Health, Education, Labor and Pensions*
 - ~ (invited) David Bowen, Staff Director for Health, Chairman Tom Harkin (D-IA)
 - ~ (invited) Chuck Clapton, Health Policy Director, Ranking Member Mike Enzi (R-WY)

3:15 – 4:30 p.m.

Action Planning: Roundtable Discussions and Next Steps

Moderators – Debbie Chang, MPH, Vice President of Policy and Prevention, Nemours

- William Dietz, MD, PhD, Director of Nutrition, Physical Activity and Obesity, Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention, HHS